



### Overview

The government is providing additional funding for maintained schools and academies to

*“Improve the provision of PE and sport for the benefits of pupils so that they develop healthy lifestyles.*

This funding is being provided jointly by the Department of Education, Health and Culture, Media and Sport. The funding is ring-fenced and can only be spent on improving the provision of PE and sport within the school.

## 2018-2019 (ongoing)

Expenditure	Target	Cost	Impact
<p><b>“Hoops for Health” Programme. Organised by the Newcastle Eagles.</b></p> <p>The aim of the project is: To provide a healthy living programme with professional sporting role models, using basketball as an activity to convey a range of positive health messages to young people in primary schools, including the importance of keeping physically active and</p>	<p>Year 5 &amp; 6 142 pupils</p>	<p>£400 £200 Year 5 £200 Year 6</p>	<p>Encourage pupils in both year groups to follow an active healthy lifestyle, including eating a balanced diet and taking regular vigorous exercise.</p> <p>Supports Healthy Schools Award and work within the Citizenship programme.</p> <p>Entrance to a local and regional competition</p>

<p>eating healthily.</p> <p>EXIT ROUTES FROM HOOPS FOR HEALTH – EAGLES COMMUNITY FOUNDATION DEVELOPMENT PROGRAMME.</p>			for both year groups.
<p><b>Skipping School</b></p> <p>Year 5 Pupils have been provided with skipping school tuition by Chris Chocoran – this led to a local competition.</p>	<p>Year 5 78 Pupils</p>	£250	<p>Pupils learnt individual and paired routines and worked as a team in their classes. This has allowed for Year 5 to enter a competition and set up a 35 strong skipping team.</p>
<p><b>Access for coaching</b></p> <p>External coaches to come and deliver football sessions after school. Enabling more practise time, as well as more skill development.</p> <p>Coaches (x3)</p>	<p>Year 5 &amp; 6 136 pupils</p>	£50 per session	<p>Allows students to practise more specific skills and tactics. Challenges high ability students to focus on defensive and attacking strategies. Allowing students more opportunity to develop skills outside of lesson time before any league/ cup fixtures.</p>
<p><b>Athletics club</b></p> <p>An external coach comes in and delivery a variety of athletics activities such as; indoor athletics, high jump, relays and throwing events.</p> <p>1coach</p>	<p>Year 5 30 pupils</p>	£90 per week- £3 per pupil	<p>Allows students to practise individual athletics events at a more focused level. Develops running, jumping and throwing techniques to a higher standard prior to lessons. Gaining coaching and teaching points to gain a more developed understanding of correct techniques.</p>

<p><b>Swimming</b></p> <p>Transport costs and coaches. Students get 6 lessons of Swimming at Tynemouth pool.</p>	<p>Year 5 &amp; 6 136 pupils</p>	<p>£183</p>	<p>Allows students to gain more experience in the swimming pool with qualified instructors. Develops and progresses students' abilities to use different strokes and stay afloat. This has also provided a link to an external club, as well as allowed us to enter high ability swimmers into Tynemouth pools swimming gala.</p>
<p><b>Gym Equipment</b></p> <p>Indoor rowers have been purchased, to allow students to enhance fitness, as well as technique.</p>	<p>Year 5 &amp; 6 136 pupils</p>	<p>£860</p>	<p>Allows students to participate in a morning/lunch/after school fitness club. Students can enhance their fitness by focusing on endurance or specifically focus on their sprint. Also enables students practise for the School Sports indoor rowing competition.</p>